

Child Therapy Institute

PROGRAMS

Therapy for Children

Provides psychotherapy for children using sand play, expressive arts and play therapy. Parents and guardians are kept informed of process and progress, as are referring clinicians and agencies.

Offers a two-year psychotherapy internship with a focus on sand play and expressive arts.

PROGRAM AVAILABLE AT THESE SITES:

1501 Washington Avenue, Albany

FEES:

Medi-Cal, also sliding fee scale depending on income

ELIGIBILITY:

Child age 3-12

AREA SERVED:

Alameda County, greater Bay Area

HOW TO APPLY:

Apply by phone. Appointment necessary

SITES

1501 Washington Avenue, Albany, CA 94707

ACCESSIBILITY:

Not wheelchair accessible at this time

TRANSPORTATION:

AC Transit line 18 stops within 1 block. BART-Downtown Berkeley Station connects with AC Transit line 18

LANGUAGES OTHER THAN ENGLISH:

None

CONTACT INFORMATION:

510-525-6225 – Therapy for Children – 24-hour voicemail

WEBSITES

www.childtherapyinstitute.org

Child, Family and Community Services (CFCS)

PROGRAMS

Burke Cal-SAFE Program

Provides expectant and parenting teens age 13-18 with child-care, academic, nursing, counseling and vocational support services, which will allow these teens to complete their high school education, and help them learn to become competent and caring parents as well as successful, contributing members of society. The program's overall goals are to enable motivated students to complete their high school education, to learn to provide a safe and caring environment for their young children, to secure gainful employment and ultimately to become full self-reliant.

PROGRAM AVAILABLE AT THESE SITES:

32980 Alvarado-Niles Road, Suite 846, Union City

FEES:

N/A

ELIGIBILITY:

Expectant and parenting teens aged 13 to 18

AREA SERVED:

Hayward

HOW TO APPLY:

Call for more information

CCCAP (California Child Care Program Alternative Payment)

Provides full day/full year childcare services to more than 500 eligible children. Services are offered in daycare center, child-care homes, and non-license for parents who are working or are in school or training, homeless families, teen parents, school age children and children with special needs.

Funding offered through the State of California Department of Education as an Alternative Payment Program.

PROGRAM AVAILABLE AT THESE SITES:

32980 Alvarado-Niles Road, Suite 846, Union City

FEES:

N/A

ELIGIBILITY:

Family must qualify by income. Parent(s) must be working, attending training program/school, or seeking employment. Family must work, attend training/school, or reside in the city of Hayward

AREA SERVED:

Hayward

HOW TO APPLY:

If eligible, print out and complete form from website. Mail or bring in, along with proof of the child's birth date, proof of household income, child's immunization record and proof of current employment and/or school or training schedule

CFCS Administration and General Information

Serves as administrative, general information, and primary contact site for agency. CFCS provides comprehensive developmental, education, and family support services for low-income families with infants, toddlers, and preschool children in Southern Alameda County.

PROGRAM AVAILABLE AT THESE SITES:

32980 Alvarado-Niles Road, Suite 846, Union City

FEES:

N/A

ELIGIBILITY:

Low-income families with infants, toddlers, and preschool children

AREA SERVED:

Castro Valley, Fremont, Hayward, Newark, San Leandro, San Lorenzo, Union City

HOW TO APPLY:

By phone for information

Southern Alameda County Early Head Start

Strives to provide the same type of programs and services that Head Start provides, but to expectant parents and families with infants and toddlers through age 3 rather than to older children. Provides comprehensive education, medical and dental services, mental health services, nutrition, social services, full inclusion of young children with disabilities and parent involvement services to low-income children and their families.

Program currently provides services to infants and toddlers throughout the entire south county area, which includes the Delegate Agency service area. There are currently four program partners providing full day/full year child care for parents who are working or in school.

Program sites are located throughout southern Alameda County in Fremont, Hayward, Newark, San Leandro and Union City.

PROGRAM AVAILABLE AT THESE SITES:

32980 Alvarado-Niles Road, Suite 846, Union City

FEES:

None

ELIGIBILITY:

Household income must meet the Federal Poverty Level guidelines. Child must be age 0-3 or not yet born. For full day child-care, parent(s) must be working or attending school full time

AREA SERVED:

Castro Valley, Fremont, Hayward, Newark, Niles, San Leandro, San Lorenzo, Union City

HOW TO APPLY:

Walk in to enrollment office, Monday-Friday, 9-4

Southern Alameda County Head Start

School readiness program which provides comprehensive education, medical and dental services, mental health services, nutrition, social services, full inclusion of young children with disabilities and parent involvement services to low-income children and their families.

Offers a parent participation program. Provides parent support groups and education about nutrition, budgeting, housing and legal aid. Provides information and referral to health professionals who accept Medi-Cal. Social service workers provide case management and health workers provide speech, language and hearing screening. Operates four days a week at some sites, five days a week at other sites, mornings and afternoons. A full day option is now available to low-income families if the parent is going to school/training and/or work.

Program sites are located throughout southern Alameda County in Fremont, Hayward, Newark, San Leandro and Union City.

PROGRAM AVAILABLE AT THESE SITES:

32980 Alvarado-Niles Road, Suite 846, Union City

FEES:

None

ELIGIBILITY:

Low-income resident of area served. For full day program parent must be in school/training and/or work. Household income

must meet the Federal Poverty Level guidelines. Child must be age 3 to 5 years old. For full day childcare, parent(s) must be working or attending school full time

AREA SERVED:

Castro Valley, Fremont, Hayward, Newark, Niles, San Leandro, San Lorenzo, Union City

HOW TO APPLY:

Walk in to enrollment office, Monday-Friday, 9-4

SITES

32980 Alvarado-Niles Road, Suite 846, Union City, CA 94587-3186

ACCESSIBILITY:

Wheelchair accessible / Ramp / Special parking / Restroom

TRANSPORTATION:

AC Transit line 97 stops within 1 block; Union City Transit lines 1A, 1B and 3 stop within 1 block. BART-Union City Station connects with AC Transit line 97 and Union City Transit lines 1A, 1B and 3

LANGUAGES OTHER THAN ENGLISH:

American Sign Language; Arabic; Farsi; Filipino (Tagalog); French; Persian; Spanish

CONTACT INFORMATION:

510-796-9512 – Southern Alameda County Head Start; Southern Alameda County Early Head Start; CFCS Administration and General Information – Monday-Friday, 8-5

Fax: 510-489-2742 – CFCS Administration and General Information

510-265-5300 – CCCAP (California Child Care Program Alternative Payment) – Monday-Friday, 8-5

510-796-9512 – Burke Cal-SAFE Program – Monday-Friday, 8-5

WEBSITES

www.cfcsinc.org

Children of Aging Parents (CAPS)

PROGRAMS

Information, Referral and Support for Caregivers of the Elderly

Provides information and services to caregivers. Offers referrals and peer counseling via a toll-free phone number. Assists in developing caregiver support groups nationally and maintains ongoing support groups.

An online support group has been established in an effort to provide more immediate support. To join, visit website, enter e-mail address, then post or read messages.

Provides employee assistance programs and publishes an online newsletter "The Capsule."

(continued)